

Home from Home Friendship Group



Meet new people in a welcoming , safe environment where you can enjoy a cuppa and a chat. There are arts and crafts activities, table top games, singing, exercise and quizzes to take part in if you like. Health and wellbeing advice is also available.

Meet: 1.30pm - 3.30pm every other Thursday starting 6th June 2019, at Poynton Civic Hall.

To book a place contact the Local Area Co-ordinators on 07826 902227 or 07973 949187

We hope to see you soon.