



Communities Co-ordinator report for C.O.P.S. April - June 2018

Poynton High School volunteers



Meeting the Mayor who thanked them for their hard work.

Jasper, Daniel and Oliver from Poynton High School have been volunteering for Poynton Town Council since the end of October. As part of their Silver Duke of Edinburgh Award Scheme, the students have been clearing litter from different areas in Poynton for an hour each week, for a six-month period. A regular focus has been around the Barnaby Park area and Deva Fields which have been sites they have visited numerous times.



Before. Litter picking at Deva Fields



... and after

Poynton Pick and Tidy - Get drastic on plastic

On the 5th May, volunteers from the Poynton Pick and Tidy Group carried out a litter pick along the main routes in Poynton and we invited Ansa's Community Engagement Officer to promote reducing the use of plastics and Love Food, Hate Waste campaigns to residents.



Poynton Pick and Tidy Group

Get Drastic on Plastic!

Saturday 5th May 2018
10am at Poynton Civic Hall

We are inviting people to spare some time to help our community!

Can you do any of the following? All equipment provided!

- Light Gardening
- Litter picking
- General tidying

We will also be encouraging people to 'Get Drastic on Plastic' in partnership with Ansa! Get tips on recycling, reducing food waste and composting too!

Please get in touch via:

- Email pick_and_tidy@pnhoo.com
- Facebook 'Poynton Pick and Tidy'
- Twitter 'pick_and_tidy'

ansa




Jamie Hargreaves a student from Poynton High School created a Vulcan bomber made from recycled plastic bottles to highlight the issue. The bomber was displayed at the Civic Hall along with information about re-cycling and attracted lots of attention.

Volunteers from the group also supported the Rotary's Party in the Park event by clearing Poynton Park of litter following the event. The main area was cleared within an hour of being on site and the group were supported by volunteers from Rotary and Macclesfield Community Payback Team.

Team B.D.P. (Bollington, Disley, Poynton)

I am working with the G.P.'s and medical professionals to identify work streams for Team B.D.P. following a review of health data for Poynton. Examples include exploring opportunities for community matrons to be available when the dementia groups meet, so carers and people living with dementia can have their blood pressure checked, medical review or have an informal chat about any concerns they may have for themselves or their loved ones; Self-Care – promoting what individuals and the community can do to maintain good health and well-being; a focus on improving health in the Hope Green East Super Output Area.

Youth work

I attended The Youth Commission Conference and shared the findings at two meetings in May to discuss young people. In summary, there is much support for young people living in Poynton, both inside and outside of school. The meetings were very useful connecting stakeholders who are now in contact with each other. Outcomes from group discussions include;

- Poynton High School are considering the potential use of the minibus by Hockley Youth Hub
- P.C. Jane Commins from Cheshire Constabulary will work with the youth pastor from Hockley Christian Fellowship to deliver training for the volunteers over the summer, then follow up with a workshop style session with young people in the Autumn with a view to delivering some information sessions that they request.
- Directory - a form is now available on the Poynton Town Council website to enable groups to promote their information.
- Poynton High School has a new Student Leadership Team and it is hoped to link them with Poynton Town Council.
- The youth pastor and Everybody, Sport and Recreation (ESAR) are to liaise around promoting healthier lifestyles for young people.

Health Walk programme for Poynton

On the 16th May, ESAR delivered training to staff and volunteer health walk leaders from Poynton. Volunteers are required to shadow another health walk leader before completing their training. Short, gentle walking routes and paperwork are currently being prepared and I will work with the volunteers and ESAR to launch the programme over the coming weeks/months.



Dementia Action Week 21st- 27th May

Just over 100 people attended the play *Over the Garden Fence* by HayLo theatre on the 12th May which included an audience of 89 and 13 stallholders from ten stalls. The audience's reaction to the play was overwhelmingly positive and the response rate of 55% to the feedback questionnaire exceeded our expectations. Over half of the audience (56%) came from Poynton/Disley area with a further 18% from within 7 miles of Poynton. 96% found the performance 'enjoyable' and encouragingly, over 50% of responders said that the play had changed their attitude to dementia. The majority mentioned that the play had improved their sensitivity, understanding or empathy with someone who has dementia.



Comments from the audience included;

'Reassured my husband is behaving as is the 'norm'. 'Understand the confusion side of dementia more'. 'Empathise more with sufferers and carers'. 'Living with someone with dementia, it was good to be reminded of their perspective'.



Clickety Click, The Mayor, Alzheimer's Society & Age UK Cheshire East



HayLo with Poynton Golden Memories and Living Well.

Refreshments were donated by local businesses in Poynton.

The second performance at the High School is planned for the 19th July as part of the Afternoon Tea event.

Adult and older persons mental health consultation

The outcome of this consultation will inform the future of adult mental health services so is important given Poynton's age profile. I compiled a response to the consultation on behalf of Poynton Town Council.

Primary Schools in Poynton

I have contacted the Primary Schools in Poynton in the hope to discuss with them community intergenerational projects; end of First World War commemorations, growing projects, etc.

End of First World War Commemorations

I co-ordinated a meeting for interested groups to discuss their plans around the commemoration period. I will work with my colleague Lauren Schjelderup and the groups to put together a flyer to promote Poynton's commemoration programme.

Sharon Duke
Communities Co-ordinator