



Communities Co-ordinator report for C.O.P.S. mid-January 2019 to Mid-March 2019

Think u know Introduction Course, March 20th



The Community Support Team and I have been promoting the session on the 20th March led by P.C. Commins from Cheshire Constabulary. So far, we have attendees from a wide range of organisations including Digital Life Skills Company, volunteers from Richmond Rovers, primary school staff and Poynton Youth Leaders.

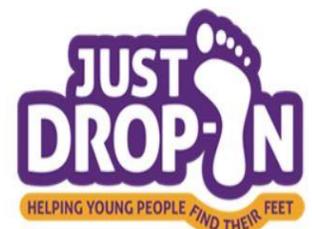
Action on Hearing Loss

Action on Hearing Loss hosted a community workshop at the Civic Hall during Tinnitus Awareness Week and the Mayor supported the 'Acoustic Open Mic' event at the Acoustic Lounge, as part of the 'Don't Lose the Music' campaign. Local bands Glass Unicorn and Quiet Houses along with Tom Hingley from the Inspirial Carpets performed on the night. Some band members live with hearing loss and tinnitus and shared their experiences between sets. The aim of the evening was to promote that you can still enjoy listening to music whilst protecting your hearing. Free apps are available to download to devices which register decibel levels. I am currently liaising with Action on Hearing Loss to explore an opportunity for a volunteer Community Change Agent role to continue the work needed to raise awareness.



Just Drop-In, Poynton

Ann Wright, Team Manager from Just Drop-In, a charity based in Macclesfield, has agreed to provide an outreach counselling service for young people aged 12-25 years at Poynton Civic Hall from Easter onwards. My role will be to promote this service to young people, schools and organisations who support young people.



Meeting with the Coppice Road Allotment Association (C.R.A.A.)

I have met with new Chair of the committee and members offering advice on developing their action plan for the site. They have expressed an interest in offering the community plot available to the wider community and I have contacted 2nd Poynton Scouts on their behalf with a view to connecting them.

Poynton Mobility Matters

The group are now ready to promote themselves and I have supported by writing an article which will be posted in the April/May edition of the Inside Magazine. The group are considering three projects; promoting mobility assistance services offered by public transport organisations such as rail and bus service providers; a new Poynton Mobility Award Scheme and the production of a video 'Surviving on a Mobility Scooter'.

Diversity

At the Student Development Day on 6th March, I was involved with delivering awareness sessions to Year 7 students at Poynton High School to promote Diversity and Inclusion. The sessions focussed on Age, Disability, Race and Culture to reflect our local community. I worked with a Poynton resident Barbara Wallington, Muktadir Khan and Val Burlison from Cheshire East Council to develop and deliver the sessions. It was also an opportunity to promote the Poynton Easy Access Scheme and raise the issue of inconsiderate parking within the shared space.



Team B.D.P. - Dementia workstream

Time to talk

Are you a carer of someone living with dementia?

Would you like some advice or support?

Just call in at one of the drop in sessions for friendly professional advice from the local health team. There's no need to book.

Mondays 1pm - 2.30pm
April - 1st, 15th, 29th
May - 13th, 27th
June - 10th, 24th

Poynton Civic Hall, off Park Lane, Poynton, SK12 1RB (next to the library)

For more information contact your Local Area Co-ordinators on localarea.coordinators@cheshireeast.gov.uk Telephone 07790 585154, 07970 859663

Following the positive feedback on a new approach to access advice and information from health professionals visiting Poynton Golden Memories Group, Team B.D.P. co-ordinators are planning to make their services more accessible to the wider community. From April, Time to Talk sessions will be available for people living with dementia and their carers at the Civic Hall on a trial basis, for three months. This approach aims to prevent people slipping into crisis by providing an opportunity to share concerns without visiting their G.P. practice. This is a partnership approach involving Poynton Area Community Partnership who are covering the cost of the room hire through the Connected Communities Fund, Cheshire East Council, the NHS and other organisations.



Through Team B.D.P. I have been able to make contact with a Cheshire East Commissioner who has listened to the concerns raised around support for Dementia Friends Communities. As a result of this a Commissioning Manager will now look at Cheshire East Council's Dementia Strategy in April.

Grow and Sell kits & Healthy Eating sessions – linking local business with community projects



Following a meeting with partners from Waitrose I have contacted all the primary schools to make them aware of the Grow and Sell kits and healthy eating programme that Waitrose can offer. Lower Park, Lostock, Worth and St Paul's primary schools have expressed interest and are taking up an invite to the Poynton store during British Nutrition Foundation's Healthy Eating Week, between the 10th – 14th June where they will be able to sell their home-grown produce at a mini farmers-market. This initiative is also a great way for the school to raise funds for school projects. The Healthy Eating programme is an opportunity for the children to try different foods, find out where food comes from, Fairtrade, local farming and food from around the World. There will also be a prize for the school that can grow the biggest vegetable too!

Waitrose – Quiet Shopping Hour

Waitrose are going to trial a 'quiet hour' on Tuesday 26th March starting at 10am. Staff will ensure there will be no cages on the shop floor being moved or used to stack shelves, lights will be dipped slightly, the sound of the tills will be lowered and no tannoy calls will be put out. This approach benefits people living with dementia and hearing problems, etc. If Waitrose receive positive feedback this initiative could become a regular occurrence.

[Waitrose Poynton](#)

Quiet Shopping Hour

Tuesday March 26th 2019

10am-11am

The store will be free of cages, tannoy, music, tills beeping and other loud noises. There will be partners in branch to help with all your shopping needs. We look forward to meeting you.

Everybody Sport and Recreation – Saturday Night Project

The launch date for the Saturday Night Project has been put back primarily due to ESAR's staffing issues but the hope is for the sessions, aimed at young people aged between 11 and 15 years to go live at the Leisure Centre after Easter. There will be a small charge of £2 per session.

Sharon Duke
Communities Co-ordinator