



Communities Co-ordinator report for C.O.P.S. Mid-June to end of August 2019

Domestic Abuse posters - Cheshire East Domestic Abuse Hub

Domestic abuse has been highlighted by Citizens Advice as an issue locally. I have requested posters from The Cheshire East Domestic Abuse Hub and placed them on the back of toilet doors in the Civic Hall. Information is now also available on the Health and Wellbeing board at the Civic Hall reception. The service provides a single point of contact for information, consultation, referral, triage and case allocation for families affected by domestic abuse as well as help around behavioural change.



Just Drop-In, Poynton



Following the initial launch and promotion of this new service for Poynton at the Civic Hall, the demand for the service was significant. The service was temporarily suspended over the Summer to allow for the recruitment of more counsellors. Just Drop-In are hoping to look at restarting the service at the Civic Hall from mid-September with additional appointments available – subject to room availability.

Playlist for Life Help Point

The Chair of Poynton Dementia Steering Group and I have attended a Playlist for Life training workshop. Music has been recognised as having many benefits for people living with dementia and in some areas is prescribed by G.P.'s as an alternative to medication. We will explore opportunities to create playlists for individuals living with dementia in our community, working with students at Poynton High School and staff at local care homes.



Know Your Numbers

'Know your Numbers' is Blood Pressure UK's flagship awareness campaign and 'Know Your Numbers Week' will take place from 9th to 15th September. It encourages adults across the UK to know their blood pressure numbers and take the necessary action to reach and maintain healthy blood pressure. In Cheshire East there are over 25,000 estimated people with undiagnosed high blood pressure.



Funding by British Heart Foundation has provided blood pressure monitors for 30 Connected Communities Centres across Cheshire East and training for volunteers. I have received training delivered by Halton Borough Council Health Improvement Team and Poynton Civic Hall has received a blood pressure monitor. I have also registered Poynton Civic Hall as a Pressure Station. On Friday 13th September, I will offer blood pressure screening for volunteers and attendees of the Time Out Café and will also provide information about local health programmes and health interventions to those interested. I plan to offer sessions to various community groups in the future.

Private Peaceful

Year 8 students from Poynton High School created and gave two performances of their 10th 'play in a week' in July. The students are involved with all aspects of the play including sound, lighting, costumes as well as learning and performing songs. I was able to connect teachers involved with organising Private Peaceful with Cheshire Villages Great War Society who attended the evening and put on a display of Poynton soldiers from the First World War. The teachers now have the information about the soldiers available for students.



Afternoon Tea



I helped to promote Poynton High School's Afternoon Tea for our older residents. The 'Jungle Book' themed event treated residents from The Time Out Café, Friday Shopping Group, Clickety Click and Poynton Golden Memories Group and many more groups and individuals to an afternoon of performances, refreshments and gifts made by the students.

Christmas Fest

I am working with the volunteer organiser of Christmas Fest to identify sources of funding with a view to contributing to the sustainability of the event. I will also attend the meetings on behalf of Poynton Town Council and ensure the input requested from Poynton Town Council is co-ordinated. The first meeting is the 4th September.

A.E.D. training

I am liaising with Poynton's Community First Responders to identify venues and dates for additional community AED training sessions.

Poynton Breeze

I am working with the cycling group Poynton Breeze to support them in their project which will provide adaptive cycles which will enable people with disabilities to access cycling. A key challenge is identifying accessible routes alongside appropriate welfare facilities. We will be liaising with Cheshire East Council Ranger Service to identify routes and a possible location for a cycling hub.

Dementia Training for staff - Bollington, Disley and Poynton Care Community

I will be supporting Val Burlison, Cheshire East Council Community Development Officer to deliver Dementia Friends Information sessions to staff from our Care Community. This training has been requested by Poynton Dementia Steering Group for some time, so is very much welcomed and is a positive step to encouraging our GP practices to join the campaign to become Dementia Friendly. During the training, I will be highlighting Poynton's community offer for people living with dementia and their carers. Following this training I will be involved with developing a new Dementia Strategy for Cheshire East.

Poynton Area Community Partnership

I have written a report to Cheshire East Council on behalf of the group highlighting the positive outcomes generated by projects that the group have supported. This report contributes to the 8k funding received from Cheshire East Council to support strategic objectives delivered on a local level in Poynton and the surrounding parishes. This year's funding will be the last of three-year funding with future funding support for Partnerships is uncertain at this stage. It has supported a number of projects in Poynton including the provision of AEDs, Eden Bus for young people at Christmas Fest, tennis coaching sessions at Higher Poynton Tennis Club, repair for the Remembrance Wall at Poynton Parish Church, etc. I have also reported back on the Connected Communities Fund which covers room hire at Poynton Civic Hall for wider community initiatives including Health Walk Leader and CEOP's training and Just Drop-In sessions.

Grow and Sell

On the 2nd July Waitrose invited Worth Primary School to the Poynton store to host their mini-farmers Market to sell their produce following their offer of a Grow and Sell kit earlier in the year. The children sold their home-grown garlic, leeks, strawberries, potatoes and spring onions from their school garden using the seeds from the Grow and Sell kit. Over the last few months the children have grown and looked after the fruit and vegetables and at the farmers market served customers, learned good customer care, selling and business skills as well as challenged their mental arithmetic! The children made £32.50 on the day which will go towards supporting school growing projects.



Health and Wellbeing Fair 2019

There is some uncertainty around this year's Health and Wellbeing Fair. At the time of this report being prepared, the dates for the flu vaccination clinic at Priorslegh are uncertain as there has been a delay in the delivery of the flu vaccinations. Unfortunately, the later the confirmation of the date reduces the likelihood of the Civic Hall being available.

Sharon Duke
Communities Co-ordinator